

Just For You is the Gwinnett Quilters Guild Local Community Service Project. Since 2002, members have made cuddle quilts for the Childrens' Health Care of Atlanta at Scottish Rite and at Egleston. The hospitals serve children up to 21 years of age. Each year there is a presentation of the quilts made that year at the meeting facility, usually May or June, prior to delivery to the hospitals.

### **Guild members participate in many ways:**

Most members make at least one quilt each year, either from their own fabrics or from kits frequently provided. Some members will donate fabric or batting; or they may quilt for someone else; or help bind a quilt.

Many members help set up the presentation of the quilts. Others help wash the quilts after the presentation, and bag them for delivery to the hospital.

Some members come to the J4U Bee Group each month. We work on our own projects, make kits, or cut fabrics. This is the Fourth Wednesday of each month (see the calendar), 10:00 am at InTown Quilts in Decatur, GA.

### **Here are the guidelines for the quilts:**

#### What size should the cuddle quilt be?

The absolute minimum is 36" x 42," but, only if it is for toddlers.

Please keep **all** sides within 40" to 60" If you will quilt on your home machine, 40" x 50" or 40" x 60" is recommended for ease of maneuvering the quilt under the machine. 60" x 60" should be the maximum size. Anything in between is fine. Keep the age of the recipient in mind with the design, size.

#### What are the other recommendations?

Use good quality quilting cotton for the top and backing, use a batting made for quilts. **DO NOT USE WOOL!**

All quilting should be no further than 4" apart.

The binding must be secure.

Construction is a priority over matched points. These quilts will be used, washed, dried, and played with.

Please add a label (provided by the guild) to the finished quilt.

#### Then What?

Turn your completed quilt in at the next presentation or make arrangements with the Just For You Chairperson.

### **Presentation Information and Monthly Information Below:**