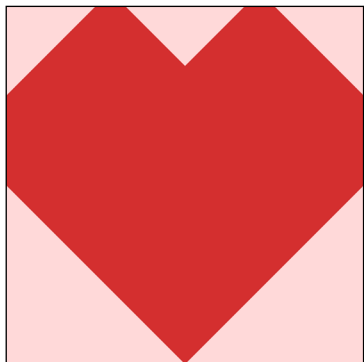


# BLOCK HEADS 3

BLOCK  
7

moda  
FABRICS + SUPPLIES



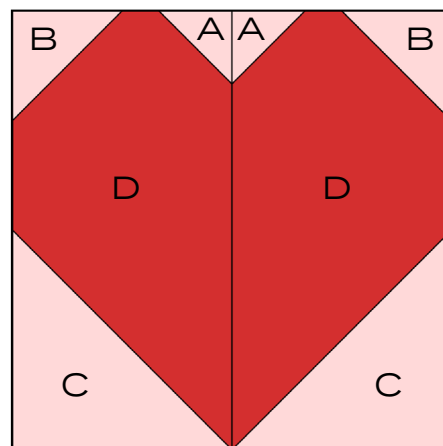
## ZEST

BY LISSA ALEXANDER

*My heart block is inspired by the Grinch Christmas movie which I have watched a jillion times over the holidays. Who doesn't need a heart in all sizes? Naming the block ZEST for great enthusiasm and energy and of course a big heart.*

## CUTTING INSTRUCTIONS:

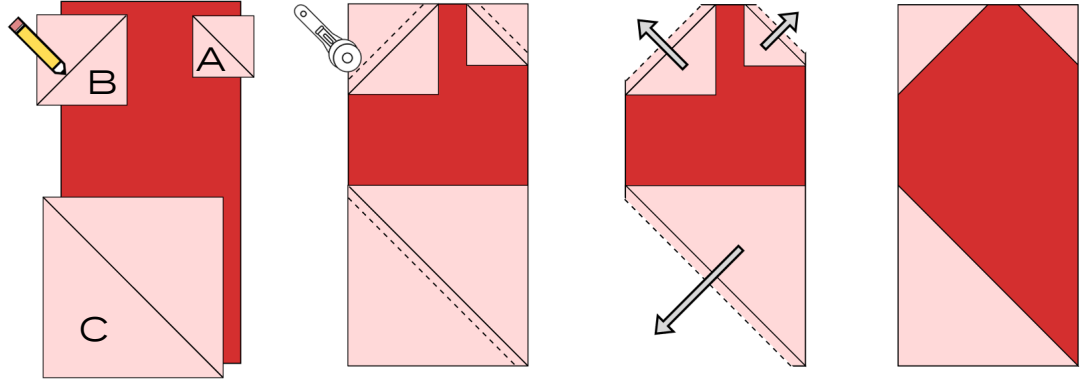
(For fabric choices refer to the diagram)



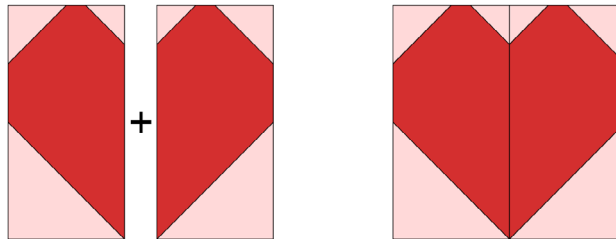
	4" Block	6" Block	8" Block	12" Block
A:	(2) 1 ¼" squares	(2) 1 ½" squares	(2) 1 ¾" squares	(2) 2 ½" squares
B:	(2) 1 ½" squares	(2) 2" squares	(2) 2 ½" squares	(2) 3 ½" squares
C:	(2) 2 ½" squares	(2) 3 ½" squares	(2) 4 ½" squares	(2) 6 ½" squares
D:	(2) 2 ½" x 4 ½" rectangles	(2) 3 ½" x 6 ½" rectangles	(2) 4 ½" x 8 ½" rectangles	(2) 6 ½" x 12 ½" rectangles

# ASSEMBLY INSTRUCTIONS:

1. Draw a diagonal line on the wrong side of all A, B and C squares.
2. Place A, B and C squares on the corners of (2) D rectangles, right sides together and edges aligned. Diagrams show accurate placement of A, B and C squares.
3. Sew along the drawn diagonal line.
4. Trim outermost excess fabric to  $\frac{1}{4}$ " and press toward the corner.



5. Repeat to complete a mirror image for the right side of the block.
6. Sew both sides together using a  $\frac{1}{4}$ " seam to complete the block.



7. Trim block using the guide listed below:
  - a.  $4\frac{1}{2}$ " x  $4\frac{1}{2}$ " unfinished ( $4$ " x  $4$ " finished)
  - b.  $6\frac{1}{2}$ " x  $6\frac{1}{2}$ " unfinished ( $6$ " x  $6$ " finished)
  - c.  $8\frac{1}{2}$ " x  $8\frac{1}{2}$ " unfinished ( $8$ " x  $8$ " finished)
  - d.  $12\frac{1}{2}$ " x  $12\frac{1}{2}$ " unfinished ( $12$ " x  $12$ " finished)

## DESIGNER INFO

Tips: I love using the mini simple folded corners ruler from Antler Quilt designs to make the corners.

Books: Be sure and check out my 2 books, **Oh Scrap** and **Sisterhood of Scraps** available now at your favorite book seller.



Lissa Alexander

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